

## Patient Exam Preparation Instructions:

# CT Scan

## Abdomen and/or Pelvis with Oral Contrast Only, no IV Contrast

We look forward to seeing you for your appointment. Please follow the instructions below carefully.

### Day Before Your Exam:

- Pick up your oral contrast at one of our offices during regular business hours.
- Drink one bottle of provided contrast the night before the exam between 7:00pm and 8:00pm.

### Day of Your Exam:

- Arrive at least 15 minutes prior to your test.
- Take any necessary medications with just a sip of water.
- Drink the second bottle of provided contrast, ensuring you finish it 45 minutes prior to exam.
- If exam is before noon, do not eat solid food or drink more than 12 ounces of liquid prior.
- If exam is after noon, you may have a light meal (toast, tea, etc.) before 8:00am, but no solid food or more than 12 ounces of liquid after 8:00 am.
- We recommend that you wear comfortable clothing for this exam without metal snaps, buttons or zippers.
- Drink plenty of water after the exam is complete.
- Jewelry and other metallic accessories should be left at home if possible.

### Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: [UniversityRadiology.com](http://UniversityRadiology.com)

### Bring your prescription, insurance card, and photo ID

They are required for this procedure.

### Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

### Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

### PreAuthorization

This exam may require prior authorization from your insurance provider before we can perform the study. Speak with your referring physician's office and/or insurance company to understand your coverage and reduce possible delays.

### Questions?

Call **800-758-5545**